



# The Trumpeter

February 2016

The Newsletter of Trinity Long Green

www.trinitychurchlonggreen.org



## SHROVE TUESDAY PANCAKE SUPER

Before Lent begins we celebrate with a traditional Pancake Supper/Mardi Gras night, February 9th, from 5-7pm.



ASH  
WEDNESDAY



Remember that  
You are dust, and to  
dust You shall return.

Ecclesiastes 3:20

Lent begins on  
Ash Wednesday,  
February 10, 2016  
with services at  
12:30 and 7:30  
pm. The liturgy  
includes the  
Litany of  
Penitence and the  
Imposition of  
Ashes.

## LENTEN STUDY SERIES



Trinity has a long tradition of Soup N Study on a weekday evening during Lent. Over the past several years, many of those who would like to attend have found evening programs difficult. Last year I began a series on Sundays of Lent but was unable to complete it because of my mother's illness. This year we will once again hold the series on Sunday rather than a weekday evening. We will meet for the first five Sundays of Lent (Feb. 14, 21, 28, Mar. 6, and 13) with Palm Sunday held in reserve as a snow day. The program will begin around 11:30 (after Coffee Hour), last approximately one hour and end with noonday prayers.

This year our topic will be *Holy Week in Word and Art*. Utilizing a DVD, and Powerpoint, we will reflect upon contemporary and traditional artistic renderings of Jesus' last days. By participating in this program, we will enhance our experience of the most holy days of the year, those of Holy Week and Easter.

-Fran Stanford-





# FRANFARE

Dear Friends,

Sometimes, as I prepare to write my Franfare, I read the previous year's one that month. I hope to stimulate my thoughts and to avoid repeating what I have said in the past. However, this time I have decided that, with minimal changes, what I said a year ago is what I wanted to say now. So, with apologies for the repetition ....

I have been working with my very fast Labrador, Latte, for over three years. I have trained her to do A-frames, dogwalks, jumps, tunnels, weaves, and barrels. We have learned various handling maneuvers including front crosses, switches, obstacle discrimination and distance work. We continue to have a problem with start line stays, because Latte wants to play (run the course) and I fail to consistently replace her when she breaks a stay. At class this past Thursday I suddenly understood the repercussions of my failure – we were unable to run the course; until I taught her a reliable stay, I could not teach her to take the proper obstacle. Unlike other classes, there were no “moments of brilliance,” moments when we were perfectly in sync, only places where my lazy or sloppy training was causing our teamwork to fall apart. It was an up-short moment.

My love for agility derives from those moments of teamwork, those less-than-one-minute times when we are perfectly in tune with one another, my timing and commands are spot on, and Latte's response instantaneous and accurate. In those moments, we soar. These mountain-top experiences do not happen by accident, they are born in hours and hours of training, in repetition after repetition of short exercises until a skill is mastered, and they come about only after we refine our communication and learn to work together. My experience this past week reminded me of the importance of consistency and repetition in training; the absence of that “high” motivated me to get back to the hard work, the discipline of training.

As Epiphany draws to a close, ending with the Transfiguration, a foretaste of the resurrection, we have a chance to reflect on both the exhilaration of the mountaintop and the hard work of the climb to get there. Jesus' road between Transfiguration and resurrection was a particularly difficult one, requiring that he die before he realizes the promise of resurrection and restoration to full communion with the Father.

While the mountaintop takes many forms in the spiritual life, perhaps the one that keeps us together as a parish is that of communion. By "communion" I include both the Eucharist (communion with God) and fellowship (communion with one another). Communion, being one with another, does not require we give up our self, but that we share that self fully, without reservation. So long as we hold back, so long as I try to be in control, I cannot achieve oneness with another person. However, when I give of myself, my true self, not the self I want to be or think I ought to be, ... when I enter into relationship offering my true self, and then accept the gift of the other's true self, then I can know the ecstasy of true communion.

I have learned from my sixty-plus years and through my dog training hobby (as happened this past week) that achieving communion takes a lot of practice. I have to learn who I truly am, and accept that self with all its gifts and flaws, before I can achieve my potential. In agility, that means embracing the self who can't run very fast or far, who has less than perfect timing, and who often does or says the exact opposite of what I intended to do/say, embracing that self and learning the distance skills needed to handle my very fast, athletic dog. In the spiritual realm, achieving communion with others and with God means recognizing my errors, sins, repenting and returning to God (or to the parish) again and again and again until I get it right (or almost right). In both realms, it means relying on help and feedback from others.

As we enter into Lent, take time for personal reflection and discover more clearly who you are in the depths of your soul. Then offer that self to the God who has given us life and salvation. In the process you will discover resurrection and life.

Yours in Christ  
Fran+

## MEET THE 2016 VESTRY



Fran Stanford  
Rector



Randal Hand  
Senior Warden



Joyce Lynagh  
Junior Warden



Carol Knight  
Treasurer



Carol House  
Registrar



Asher Collins



Nancy Harthun



Edie Woods



Pat Pandolfini



Chrissy Cook



Lindsay Cromwell  
Rims

### Meet the newest Vestry Member—Lindsay Cromwell Rims

I was raised in Glen Arm, baptized right at Trinity and following in both my brothers' footsteps attended Trinity Day School. Sundays growing up I was in the children's choir, served as an acolyte, and helped my mom with the altar guild. Being a reader on Sunday mornings was my first opportunity to speak in public. After graduating from Loch Raven HS, I attended Towson University and graduated with my Bachelors of Science in Nursing. I have been working at GBMC for the past 13 years. I now am the nurse manager for the Endoscopy and Interventional Radiology departments. I just began attending Stevenson University to obtain my Masters in Health Care Management. On the home front my husband Justin and I have two sons Hunter 5 and Gavin 3 who I am sure that once you've met you will never forget. They along with every other aspect of my life keep me on my toes and keeps the need for caffeine. Our finance committee should invest in Dunkin Donuts because the next few years I will be spending lots of money on coffee. So that's me in a nutshell. I look forward to helping Trinity grow and remain a positive influence in all of our lives.

### Paul's Place Thanks you!

Those present at the Annual Meeting saw the Thank you sent by Paul's Place as part of the slide show review of the last year. Unfortunately, it is both too large and too "dark" to print as part of the Trumpeter so we have posted it on the bulletin board. Here is the text:

Thanks for making the holidays so special at Paul's Place!  
 YOU (295 volunteers & 114 donors) helped us serve  
 Thanksgiving Dinner to 258 guests and provide  
 Thanksgiving bags for 153 families (542 individuals), &  
 Holiday Bags for 225 families (650 individuals), and  
 enabled 141 families to shop in our gift shop for 321  
 children and 390 adults!

For God so loVed the world,  
 That He gAve  
 His onLy  
 BegottEn  
 SoN  
 That Whosoever  
 Believeth In Him  
 Should **Not** perish  
 But have Everlasting life."  
 -- John 3:16



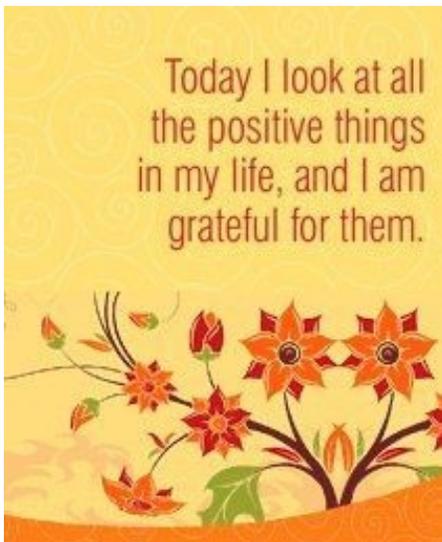
## LENTEN OFFERING



Our Lenten Offering will once again go to St. Etienne's School in Haiti. At the moment, two classes are meeting in the actual church building and they'd like to convert the current storeroom and kitchen to two classrooms and move the children out of the church. This indicates that St Etienne's school is reaching more students than a year ago. In addition they are now feeding the children 3 days a week, something few schools do!!! The cost of the conversion and the building of a new kitchen and storeroom is estimated at \$12,500, and we can help! They currently have two other churches contributing to this effort, however anything collected over conversion expenses can be used for food supplies or whatever they may need.

Those who use envelopes for their regular pledge contributions will note that there are two envelopes for each Sunday of Lent - one is the regular white envelope and one is blue and says "Lent" on it. Offerings in the blue envelopes; or checks payable to Trinity with "Haiti" written in the memo line; or cash contributions (in plain envelopes with your name AND "Haiti" written on the outside of the envelope) received during the season of Lent will be designated to help the children in Haiti. Thank you.

-Gail Landers-



## COMING TO COMMUNION



In the Episcopal Church, all baptized persons are encouraged to receive Communion (Eucharist) every Sunday. This includes young children, the norm being that as soon as a child indicates a desire to partake of the Eucharist, he or she is allowed to do so. Children who have been receiving Communion since infancy, as well as those whose parents have chosen to have the children wait for "first communion," are encouraged to attend **Coming to Communion** in order to be instructed (at age-appropriate level) as to the meaning and practice of the Eucharist.

**Coming to Communion** is a two month course during which the child, led by a parent, works through a lesson book at the rate of one lesson each week. The "ideal age" varies and ranges from K-5th grade. Each lesson takes one aspect of the Eucharist, tells a Bible story related to that aspect, helps the child connect the concept to modern life, and includes activities that further expand the ideas presented. Dr. Fran meets with the families at the beginning of the program to explain it and issue the workbooks. The entire group meets at some point in the middle of the program to share a pizza lunch and receive brief instruction on the proper way to receive communion. On the Sunday after Easter, each child completing the program will be recognized and given a Certificate of Completion.

The initial meeting will be: February 14 at 11:30 am during/after coffee hour. Mid-point check-in/ pizza lunch will take place on March 6 (or the 13th, depending on the needs of the group) again beginning at 11:30. Recognition will take place on May 3 during the 10 a.m. service.

If you wish to enroll your child in this year's **Coming to Communion Class**, please notify Dr. Fran at once so that sufficient workbooks can be obtained. If you have any questions, please check with Dr. Fran, or ask a parent who has shepherded his/her child through the program.

-Fran Stanford-

## TRINITY CHURCH DAY SCHOOL



There is a real jewel of a place downstairs in the parish hall. Trinity Church Day School is one of the area's best preschools. The school is an outreach of Trinity Church, and we need to appreciate and embrace it as such.

The school was started back in 1958 by the Church members. It has been through several changes and now is a school of 80 to 90 students. Lizzie Radebaugh is our present Director. For many years the school used all of the parish hall, upstairs and down. The school now uses the bottom of the parish hall and the new addition. The parish hall section has classrooms, the library, a teacher's lounge and the office. The new section which was completed in 2010 has four classrooms and a large area that is called "the great room" which is used for many different programs, including music and movement classes. It also is where "Extended Day" is held for the children needing afternoon care. Each classroom has an interactive white board for the students. There also is an intercom throughout the school and many other educational improvements have been made.

The school is licensed through the Maryland State Department of Education and uses some of their programs. Trinity is piloting the Universal Design for Learning program, which keeps Trinity up to date on learning and teaching theories. Lizzie also keeps getting different grants to help with the cost of teaching materials and the cost to parents when possible. All of the teachers have what is required by MSDE and many have Masters Degrees in education.

The school has its own budget and does not depend on the Church for money. It raises its moneys through tuition and fund raisers. The budget is very tight and it is amazing what is accomplished with the moneys. The school pays a monthly "facility use" payment for the use of the building and facility's. The school is also paying the "mortgage" on the new addition which is the Middendorf Loan and every year the Parents Club makes a large payment towards the principal.

Having had two children go through Trinity School and seeing it now, I realize what a jewel we have downstairs. I encourage all of you to check it out. The School is part of The Church. Come and see what a great place we have, and all the smiles on the children's faces. There is much love and comfort down there. Come and enjoy it.

Sincerely,  
Jonathan Deford  
TCDS Board Chair

Members of Trinity Church,

Thank you very much for the Christmas gift you gave me as a member of Trinity's staff. Together with Dr. Fran, our Deacon Gail Landers, the Vestry and the members of Trinity my goal as Parish Administrator is to help the daily operations of Trinity run as smoothly as possible. Your attitudes, actions and words, not only during the Christmas Season but also throughout the year, show me how much I am appreciated. I am very fortunate to be part of the Trinity Family.

Best regards,  
Sandra Lancraft



Dear Friends,

Thank you so much for the generous staff gift. I will enjoy spending it on Latte! I am truly blessed to work with such loving and generous people.

Yours in Christ,  
Fran+



## FEBRUARY BIRTHDAYS

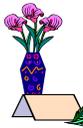
- 1 Michelle Karceski
- 2 Randall Hand
- 3 Jennifer Collins  
Leonard House  
Asher Collins
- 5 Vanessa Lowery
- 6 Judy Neumyer
- 10 Payton Robinson
- 11 Martha Wheeler
- 12 Aidan Mathews  
Nolan Mathews
- 15 Ric Jacobs  
William Talbot
- 20 Gia Burton
- 22 Asher Louis Collins
- 23 Steven Rozics
- 24 Jake Deford
- 25 Barbara Demaree  
Gretchen Ward
- 27 Sonya Dengler  
Joanne Maits



*Let the church  
office know if we  
have mistakenly  
omitted your  
special day*

## HAPPY FEBRUARY ANNIVERSARY TO:

- 5 Ric & Ruth Jacobs
- 17 Bill & Janis Seegar



## TRUMPETER ARTICLE DEADLINE

Please submit your March articles to  
[marthab28@verizon.net](mailto:marthab28@verizon.net)  
February 22, 2016.

*We love because  
He first loved us.*

*1 John 4:19*

## TIP OF THE HAT



- Lindsay Rims and Chrissy Cook for volunteering to serve on the Altar Guild.
- Judy Neumyer who has completed six years as vestry member, and two as Senior Warden

*Let all  
that you do  
be done  
with love.*

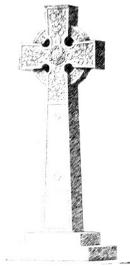
*-1 Corinthians  
16:14*

## IN MEMORIUM

### James Joseph Rozics

November 24, 1962—December 31, 2015

*Rest eternal grant to him.*



## SNOW POLICY



As a general rule, if there is a snow emergency, Sunday services will be cancelled as we do not want to encourage people to be on the roads when it is dangerous to drive. As soon as a decision is made, we will change the church answering machine to reflect the cancellation. If possible, we will also contact everyone on the email list with that information. The decision will be made no later than 6 a.m. on Sunday morning. For other events, contact the chairperson or check with the church office.

*- Fran Stanford -*

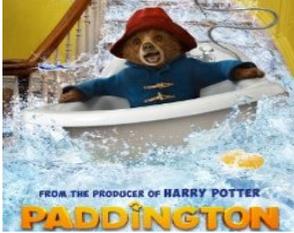
# February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 11:00am : TAT	3 3:00- Paul's Place Lunch 7:15pm—Choir Rehearsal	4 8:30pm Steps & Tradition	5	6
7 8:00am Holy Eucharist <b>Family Sunday</b> 10:00 am Holy Eucharist 11:00am Coffee Hour	8	9 11:00am : TAT 5:00: Pancake Supper 	10 <b>ASH WEDNESDAY</b> 12:30 pm Ashes & Eucharist 7:30 pm Ashes & Eucharist	11 8:30pm Steps & Tradition	12	13 9:00-12-00 Trinity Garden Club
14 8:00am Holy Eucharist 9:45 am Sunday School 10:00 am Holy Eucharist 11:00am Coffee Hour 11:30 Lenten Series	15 6:30 Vestry 	16 11:00am : TAT 12:30 pm Holy Eucharist	17 3:00- Paul's Place Lunch 7:15pm—Choir Rehearsal	18 8:30pm Steps & Tradition	19 6:30 Movie Night	20
21 8:00am Holy Eucharist 9:45 am Sunday School 10:00 am Holy Eucharist 11:00am Coffee Hour 11:30 Lenten Series	22 	23 11:00am : TAT 12:30 pm Holy Eucharist	24 7:15pm—Choir Rehearsal	25 8:30pm Steps & Tradition	26	27
28 8:00am Holy Eucharist 9:45 am Sunday School 10:00 am Holy Eucharist 11:00am Coffee Hour 11:30 Lenten Series	29					

Hey!

Let's go to the movies!

Friday, Feb 19, 6:30 pm



*Bring your parents and pillows.  
Wear your jammies if you'd like!  
Includes popcorn and drinks.  
...and it's free.*

*Trinity Long Green Parish Hall*



Trinity Episcopal Church  
12400 Manor Rd.  
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Glen Arm, MD 21057

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